Retail Home Health Care Products

Joint Warmers • Personal Heat Patches
Moist Heat Therapy • Foot Warmers
Did You Know...

- There are currently 4.5 million arthritis sufferers in Canada.
- More than 20% of Canadian adults will suffer from arthritis 20 years from now.
- 60% of arthritis sufferers are less than 65 years old.
- Osteoarthritis is the most common form of arthritis (1 Canadian out of 10)
- Arthritis is a chronic disease that can persist for a lifetime.
- There is no cure. Treatment plans aim to relieve pain and symptoms to maintain an active lifestyle.
- Arthritis is the most prevalent chronic disease where patients are active participants in their own treatment plans and pain relief.

There is a large potential for Arthritis self-care products through retail home health care.

Ask about our consumer educational pamphlet and marketing tool, Therall™ “Living with Arthritis”.

Source: The Arthritis Society.
Why add a *Therall™* Section?

- Generates cash sales of high turn, repeat items
- Differentiates your business - *Premium products not found in mass merchandisers*
- Provides improved customer care and products - *Large customer potential from current clientele*
- Promotes Self-Care - *Rationalized and merchandised in easy-to-access section*

Adding a section is easy!

- The Therall™ arthritis section is only 2.5 feet wide, with a limited number of products offering a complete range. Find a visible, high traffic area for this unique section that will quickly become very popular.
- Ask your BSN Medical representative about our Therall Planogram. - Everything needed to create an arthritis section is available – a range of arthritis products, a schematic showing the display layout, header card signage, and customer education pamphlets.
Therall™
Arthritis
2.5 Foot
Planogram
Therall™
Arthritis
2.5 Foot Planogram
**Therall™ Arthritis Pain Relief**

- Simple, convenient, quality support & accessories
- Light compression to help reduce swelling
- Air permeable material that retains heat for soothing warmth
- Integrated ceramic fibres reflecting heat back into the joints (“far infrared”)

**Supports**

### Therall™ Arthritis Gloves

- Light compression with soothing warmth to help reducing pain and swelling
- Neoprene material retains the body’s natural heat to provide soothing warmth and long-lasting pain relief to aching wrists, fingers and hands
- Soft lining wicks moisture away to keep hands dry
- Ideal for arthritis, aching fingers, hands or wrists, overuse or repetitive use injuries, Carpal Tunnel Syndrome and tendonitis
- One pair, Fits men or women

**Part Series: 53350CA** (Small - XLarge)

### Therall™ Foot Warmers

- Provide soothing warmth and pain relief to tired, aching feet
- Made of a cozy fleece material
- Filled with premium natural grains that conform to the shape of the foot
  - When heated the grains slowly and evenly release soothing warmth
- Ideal for arthritis, tendonitis, stiffness, chronic cold feet, and sore or aching feet
- Heats quickly in the microwave oven, reusable
- One pair - fits men or women

**Part Series: 53425CA** (Small - XLarge)
**Therall™ Moist Heat Pad**

Therall™ Moist Heat Therapy Mitt

- Moist heat for soothing warmth and pain relief
- Filled with unique microbeads that absorb and retain moisture. Once heated, they slowly release the moisture for deep, penetrating heat
- Soft fabric is comfortable against the skin
- Ideal for arthritis, back or muscle aches and stiffness, neck pain, sprains, strains and sports injuries
- Heats easily in the microwave, reusable

Oval size (9” X 12”) works great for the neck, lower back, shoulder or leg.

**Order No: 531500CA**

Therall™ Moist Heat Pad - 9” X 12”

Universal Mitt works great for the wrist, hand and fingers. One mitt.

**Order No: 532000CA**

Therall™ Moist Heat Therapy Mitt - Universal

---

**Therall™ Joint Warming Supports**

Ideal for arthritis, weak or aching joints, overuse or repetitive use injuries, and mild strains.

Ceramic fibers insulate the joint by retaining heat and slowly reflecting it back into the joint and surrounding tissues. The result is soothing heat penetrated deep into the aching joint, muscles and surrounding tissues to provide pain relief.

- Four-way stretch for light compression - counteracts swelling
- Ceramic fibers provide deep penetrating heat therapy
- Soothing warmth deep into the aching joint and surrounding tissues for long-lasting pain relief
- Support joint mobility through daily activities
- Can be used with Therall™ Body Warmer Patch (sold separately) for over 12 hours of soothing heat therapy.

Elbow Series: 53202CA

Wrist Series: 53402CA

Knee Series: 53702CA

Ankle Series: 53902CA

Back Series: 53537CA
### Therall™ Joint Warming Ankle Support

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>539024CA</td>
<td>S</td>
<td>6¼ - 8½&quot;</td>
</tr>
<tr>
<td>539025CA</td>
<td>M</td>
<td>8½ - 10¾&quot;</td>
</tr>
<tr>
<td>539026CA</td>
<td>L</td>
<td>10½ - 12¾&quot;</td>
</tr>
<tr>
<td>539027CA</td>
<td>XL</td>
<td>12½ - 15½&quot;</td>
</tr>
<tr>
<td>539028CA</td>
<td>XXL</td>
<td>15½ - 17½&quot;</td>
</tr>
</tbody>
</table>

Measure circumference around ankle.

### Therall™ Joint Warming Knee Support

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>537024CA</td>
<td>S</td>
<td>11 - 13&quot;</td>
</tr>
<tr>
<td>537025CA</td>
<td>M</td>
<td>13 - 15&quot;</td>
</tr>
<tr>
<td>537026CA</td>
<td>L</td>
<td>15 - 17&quot;</td>
</tr>
<tr>
<td>537027CA</td>
<td>XL</td>
<td>17 - 19¾&quot;</td>
</tr>
<tr>
<td>537028CA</td>
<td>XXL</td>
<td>19½ - 22&quot;</td>
</tr>
</tbody>
</table>

Measure circumference around center of the knee.

### Therall™ Joint Warming Elbow Support

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>533024CA</td>
<td>S</td>
<td>7¼ - 9¼&quot;</td>
</tr>
<tr>
<td>533025CA</td>
<td>M</td>
<td>9 - 10¾&quot;</td>
</tr>
<tr>
<td>533026CA</td>
<td>L</td>
<td>10½ - 11¾&quot;</td>
</tr>
<tr>
<td>533027CA</td>
<td>XL</td>
<td>11½ - 12¾&quot;</td>
</tr>
</tbody>
</table>

Measure circumference around elbow.

### Therall™ Joint Warming Wrist Support

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>534024CA</td>
<td>S</td>
<td>5 - 6&quot;</td>
</tr>
<tr>
<td>534025CA</td>
<td>M</td>
<td>6 - 6½&quot;</td>
</tr>
<tr>
<td>534026CA</td>
<td>L</td>
<td>6½ - 7½&quot;</td>
</tr>
<tr>
<td>534027CA</td>
<td>XL</td>
<td>7½ - 8½&quot;</td>
</tr>
</tbody>
</table>

Measure circumference around wrist.

### Therall™ Foot Warmers

**Sizing: Size according to Shoe Size**

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Size</th>
<th>Men’s Shoe</th>
<th>Women’s Shoe</th>
</tr>
</thead>
<tbody>
<tr>
<td>534254CA</td>
<td>S</td>
<td>4 - 6</td>
<td>5 - 7</td>
</tr>
<tr>
<td>534255CA</td>
<td>M</td>
<td>7 - 8</td>
<td>8 - 9</td>
</tr>
<tr>
<td>534256CA</td>
<td>L</td>
<td>9 - 10</td>
<td>10 - 11</td>
</tr>
<tr>
<td>534257CA</td>
<td>XL</td>
<td>11 - 12½</td>
<td>-</td>
</tr>
</tbody>
</table>

### Therall™ Moist Heat Pad

- **9’’ X 12’’ Oval**
  - Part Number: 531500CA

### Therall™ Moist Heat Therapy Mitt

- **One Mitt (Each)**
  - Universal Size
  - Part Number: 532000CA

### Therall™ Heat Retaining Lumbar Support

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>53374CA</td>
<td>S</td>
<td>22 - 33&quot;</td>
</tr>
<tr>
<td>53375CA</td>
<td>M</td>
<td>32 - 42&quot;</td>
</tr>
<tr>
<td>53376CA</td>
<td>L</td>
<td>41 - 48&quot;</td>
</tr>
<tr>
<td>53377CA</td>
<td>XL</td>
<td>47 - 54&quot;</td>
</tr>
</tbody>
</table>

Measure circumference around lower back / upper hip area.

---

Please refer to the product label and/or package insert for full instructions on the safe use of these products.